



TOWN and
COUNTRY
NATURISTS

G'day again naturist members and hopefully some guests,

Wow, April sped by and here we are again. The newsletter was a success so we're having another bash at it for May 2026, which is issued later than anticipated because I don't want to crowd your email.

As this should become a club effort regarding content, should you have any snippets or care to write (no AI please) an article or review to share with our readers, kindly email it to newsletter@townandcountrynaturists.com.au

You may notice that change is afoot. Please be aware that any active hyperlink in this newsletter to an email address or a website is underlined.

President's Message

Hi to all and hope you are all well.

As the weather is getting cooler and outdoor pools drop in temperature, you may find that we have closed down swim meets in some areas until September 2026.

Our Ipswich 2nd Sunday swim gatherings each month are still in full swing as are the Couples days on the 5th Sundays throughout the year since they are indoor events.

It is great to see our guest numbers climbing and our memberships climbing as well.

Please remember that new memberships begin in July 1st and we look forward to you joining us for another great year ahead.

Best regards,

Michael
President, TCN Inc.

Are you Interested in Joining Town and Country Naturists?

We love welcoming new members to our community! Whether you're a long-time naturist or considering your very first visit, we're here to make the process easy and comfortable.

Have a Chat with Us

For any questions regarding joining Town and Country Naturists, please give our Welcoming Officer, Miranda, a phone call.

Miranda is a long-standing member and is happy to answer any questions from individuals, couples or families.

- Phone: 0485 686 833
- Best time to call: Weekdays 5:00pm - 8:00pm or any polite time on weekends.

"We know that first step can feel a bit daunting, especially for women or those new to the lifestyle. Feel free to give me a buzz for a no-pressure chat about what to expect on your first visit!"

- Miranda, Welcoming Officer

Our Committee:

President: Michael
Mobile: 0468 822 676

Vice-President: Kerry
(also events co-ordinator)

Treasurer: Mark

Secretary: Janet *Martin stepped down*
(also newsletter editor)

Member Representatives:

Ashley
Jeff
Gerard
Martin

A Tropical Oasis in the Bangkok Heat: A Week at Barefeet Naturist Resort

Escaping the humid bustle of Bangkok doesn't always require a long trek to the islands. Tucked away on the outskirts of the city lies "Barefeet Naturist Resort", a tropical sanctuary where the beer is chilled, the pool is warm and the atmosphere is effortlessly international.

Arrival and First Impressions

Touching down late from Brisbane, the transition from airport to oasis was a breeze - a quick **\$26 AUD** (roughly 600 Thai Baht) Grab ride landed me at the resort gates by 10:00 PM. Despite the late hour, the hospitality was immediate; the kitchen stayed open to prepare a fresh meal before I retired to a spacious double room for my week-long stay.

One of the first things you notice about Thai living is that the country runs on "standby" - no simple on-off switches here! But more importantly, the air conditioning was a champion, keeping the **35°C** April heat firmly outside while providing a cool sanctuary for a deep sleep.

A Day in the Life

Life at Barefeet revolves around the water. The resort features a handful of rooms and a bungalow (pro tip: book early, as they fill up fast!), all situated around a pool that stays perfectly warm.

The daily routine is blissfully simple:

* Morning: A hearty "breaky" cooked personally by the owners, Gregers and Dao. It's the perfect way to fuel up before a day of lounging;

* Midday: A dip in the pool followed by a unique opportunity to serve as a life model for an on-site art class;

* Afternoon: Consulting the dedicated massage menu to pick the perfect treatment. Whether you need a deep tissue rub or

something lighter, there's an option for everyone to get into the holiday spirit;

* Evening: Cracking a few cold beers with a new friend to watch the "Broncos" game live on TV, followed by the high-energy fun of a resort foam party. *[I had to look up this concept - Ed.]*



Facilities and Wellness

The layout of the resort is designed for total relaxation. Right next to the pool, there is an on-site sauna that practically invites you in for a sweat session before a refreshing plunge back into the water. For those looking to keep up with their fitness, there is a small gym located just above the pool area. While the resort occasionally hosts nude yoga sessions, there weren't any scheduled during this particular visit, giving me more time to focus on the "slow life."

Culture and Community

The resort attracts a fantastic mix of locals and international travellers from India, the USA, Europe and Australia. It is a strictly **non-clothing-optional** environment, though the "naturist" etiquette has some quirky local charms—many guests still instinctively close the shower curtain before jumping in the pool, despite the birthday-suit policy!

*"Naturism means nude
without sexual thoughts"*

Dining and Day Trips

Whether you are staying for a full week or just visiting for the day, the food is a highlight. The on-site chef serves up a wide spread of local

Thai delicacies alongside Western comforts like pasta, pizza and chips.

If you're looking for a quiet, friendly and authentic escape from the urban heat, Barefeet offers a slice of paradise where the only thing you need to worry about is whether your beer is cold enough. (Spoiler: It always is.)

- contributed by Ash, usually of Brisbane

barefeetnaturistresort.com/

Address is 1 Martin



[Sunday 10th May 2026](#)

Strip Back and Strike! Birthday Suit Bowling

Looking for a morning out that's a little more ... liberating? Whether you're a seasoned naturist or curious about shedding the clothes for the first time, Birthday Suit Bowling is back, and it's easily our most vibrant social night of the year!

Forget the stuffy layers and come as you are to the lanes at **Logan City Tenpin, 13-17 Wembley Road Logan Central**. It's all about relaxed vibes, cheeky competition, and

meeting a fantastic mix of people. We're seeing more couples and solo adventurers joining the fold, making it the perfect low-pressure environment to enjoy some social nudity.



- Free Nibbles: Every lane is stocked with snacks to keep up your energy
- Prizes & Glory: Whether you're a pro or haven't picked up a ball in a decade, there are prizes for top scores and challenge winners

Save the Dates

Lanes fill up fast (usually three per lane for a great social buzz), so don't wait to secure your spot. Tickets are roughly \$39 to \$45 (depending on your membership status), covering your games and snacks.

Join us between 10:30am and 12 noon on the fourth Sunday:

- in May, 24th
- in August, 23rd
- in November, 22nd

Then sink your teeth into this!





PLEASE NOTE that TCN Inc. official participation is deferred until September.

All 2026-27 members will receive goodies!



You can't scribble on a coaster with a phone.

April Swim night

In March we achieved a 50:50 M/F ratio. This make the event a safe place for shy, new, cautious or ladies who prefer our "safer slaces - safer people" opportunities. Heated pools. Ladies disrobe to their level of comfort - or not at all. This is your stepping stone as you re-enter or explore this lifestyle - safely and supported.

The April Easter parade competition was a hoot:



Dennis won 1st prize, a \$50 gift card; Rod received 2nd, a \$25 gift card and 3rd prize of \$25 gift card went to Luke. All in all, a bit of added fun to a great event.

Club Renewals and new memberships

The year is rapidly passing and it's almost time to renew membership with our Town and Country Naturists Inc. social club so we are here to help. If you are renewing your current membership [which remains at \$40 for the financial year 1st July 2026 to 30th June 2027], this is the code for you!



Should you be a prospective member , who may or may not have already enjoyed some of our functions and social events, please use this next QR code to become part of our delightful and welcoming group. Yes, you will pay a little more for the first year to help allay set-up costs.



I was at a nudist beach and I saw a man walking by wearing nothing but his glasses

... and I thought, "What does he do when his glasses get dirty?"

